DIVISION OF DISEASE CONTROL 2635 East Main Avenue P.O. Box 5520 Bismarck, ND 58506-5520 www.ndhealth.gov

[DATE]

Dear [NAME OF ADULT]:

The North Dakota Department of Health (NDDoH) recommends all adults receive immunizations to provide protection against vaccine-preventable diseases. According to the North Dakota Immunization Information System (NDIIS), you are due for the immunizations listed in the table below. Please contact your primary healthcare provider, pharmacy, or local public health unit to schedule an appointment to receive immunizations.



*Speak with your primary healthcare provider or local public health unit to determine if additional immunizations are needed.

The Advisory Committee on Immunization Practices routinely recommends the following immunizations for adults.

- Shingles (Zostavax® or zoster) One dose for everyone 60 years of age and older.
- Pneumococcal Conjugate Vaccine (Prevnar®, PCV, PCV13) One dose for everyone 65 years of age and older.
- Pneumococcal Polysaccharide Vaccine (Pneumovax®, PPSV, PPSV23) One dose for everyone 65 years of age and older.

Also, don't forget your annual influenza vaccine. The flu can cause mild to severe illness, and in some cases it can cause death. You may also be due for tetanus vaccine which is recommended every 10 years.

For people 65 and older, Medicare part B covers pneumococcal and influenza vaccines at no cost to the patient. Medicare part D covers shingles vaccine, so you may have a co-pay or deductible depending on your plan.

If you have any questions, please contact the NDDoH Immunization Program at 701.328.3386 or 800.472.2180. If you no longer wish to receive reminder letters about immunizations, you can opt out at www.ndhealth.gov/Immunize/default.htm.

Sincerely,

Molly Howell, MPH

Immunization Program Manager

Molly Hewell

North Dakota Department of Health